

First of all I am a mom with children that are 24, 14 and 8. When my 24 was little she had lots of ears infections and now I know she had allergies. And the doctors gave her lots of medications and nothing helped – she just suffered. With my 14 year old – when he was 5 and had been sick constantly (our pharmacists knew my voice) a friend referred me to a wonder Allergist who in the first visit discovered what my son was allergic to and that his adenoids were enlarged. (Tonsils were fine). Our Allergist uses specialized serums for allergies and is an excellent doctor. And I now felt like I had a handle on things. His treatment included removing his adenoids and medication and allergy shots. The allergy shots, medication and every 4 years of allergy testing have continued. About a year and a half ago my son started asking how much longer does his allergy shot have to go on – so last October 2005 I asked our Allergists and he said if you take him off the allergy shots he's reactions will get worst. The allergy shots are boosting this system. His allergies were better (he wasn't sick all the time – he was congested most of the time) but spring and summer and fall and most of winter he was on weekly (sometimes more) shots and TONS of medication. Well, my 8 year old has gone though allergy testing and his allergies are not as severe as his brothers so he has just been on tons of medication. And sick fall, winter and spring (yes the whole school year).

Over the years I keep check the internet for different options. My family had been using vitamin and mineral supplements for over 25 years. Everything I tried didn't do much.

About a year ago a very dear and trusted friend started telling me about an allergy elimination method. I was a skeptic, I'm thinking boy would that be wonderful but very unrealistic. (I asked our Allergist about this method and he referred to it as hokey but said the medical profession does not have all the answers and told me I could try a Chinese Medicine doctor that he and his family go to.) There is good and bad about this type of elimination on the internet. I kept talking to my friend about her experience and the experience of others she knew. The stories from my friend were too good to be true. The thing is we are so connected to western medicine the eastern medicine is really out there to us. But this person is as skeptical as I am and I would trust her with my children's lives in a heart beat. To make a very long story shorter I researched and located a doctor in Glen Ellyn, Illinois. Actually I talked to many doctors within a 15-55 mile radius. My eight year old was sick again and about every 4 to 6 weeks was sick and the regular doctors had no answers and just kept saying it was a virus, or sinus infection and just wait it out. He also had other problems which no one has answers for, stomach and headache. My husband and I were frustrated. So, I made an appointment and a week before the appointment I took my children off the allergy shots and medication. I had the allergy tests from the allergist and I took a huge leap of faith. I was going outside the western medicine culture. From the first time we saw this doctor and every visit since I have been in upper amazement. I feel like I found a pot of gold or won the lottery and all I want to do is share it with the world. My 14 years had severe allergies to everything outside – which caused problems in his life because he is a conservationists and naturalists and volunteers for the DuPage County Forest Preserve and also cuts neighbors grass. Both of which he loves to do and every time he would go out we would load his up on additional medications and he would come in sneezing and coughing and feeling awful. But what do you do when this is one's love???? Well, through this Allergy Elimination he can go out and love nature and do the things that are his passion and feel great with ANY MEDICATION or ALLERGY SHOTS. I know it seems too good to be true. I will do whatever it takes for my family to be healthiest that they can be naturally. I am shocked that in this country we care less about making people well for good - because that would take money out of insurance companies, doctors pockets and pharmaceutical :

<<http://www.google.com/search?hl=en&sa=X&oi=spell&resnum=0&ct=result&cd=1&q=pharmaceutical&spell=1>>

companies. We only want what takes a drug to fix. Too bad for our children. There is NO REASON for our children (or adults) to have these allergies.